



# LEARNING JOURNAL



OF

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- Sosiaalipedagogiikan säätiö – Finland

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**Layout:** Sara Correia

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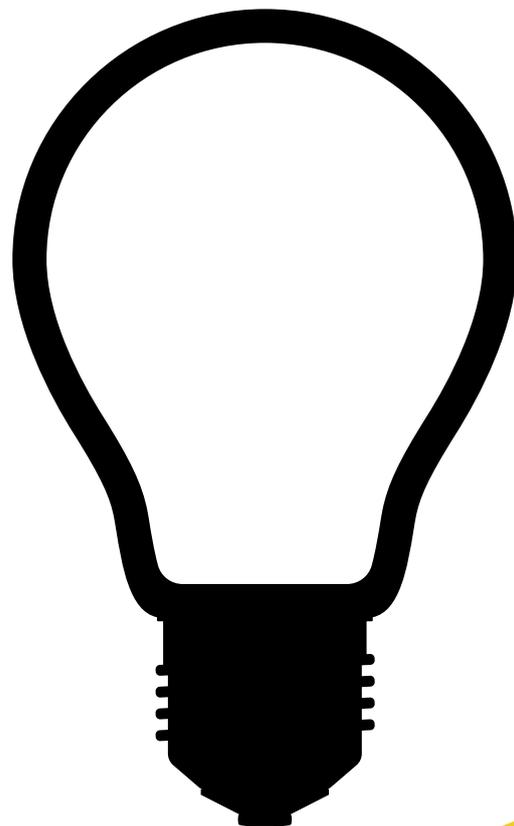
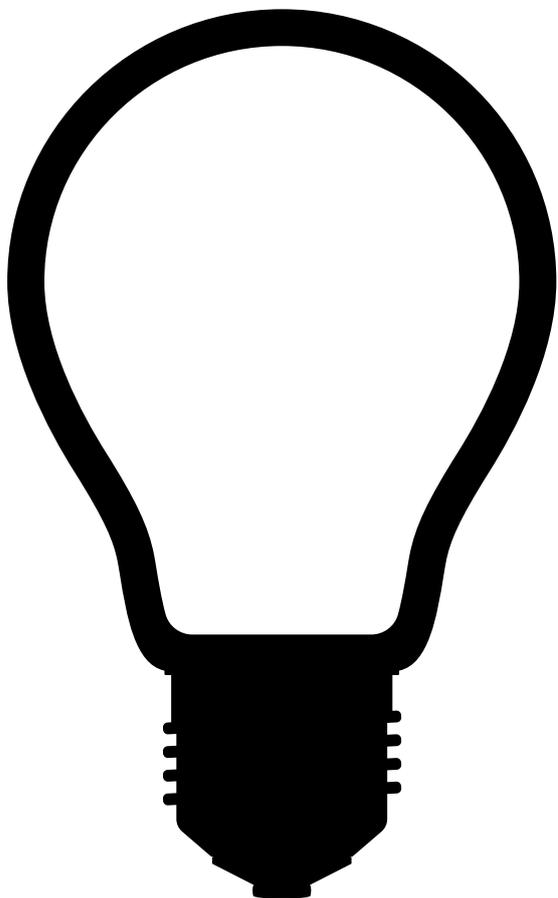
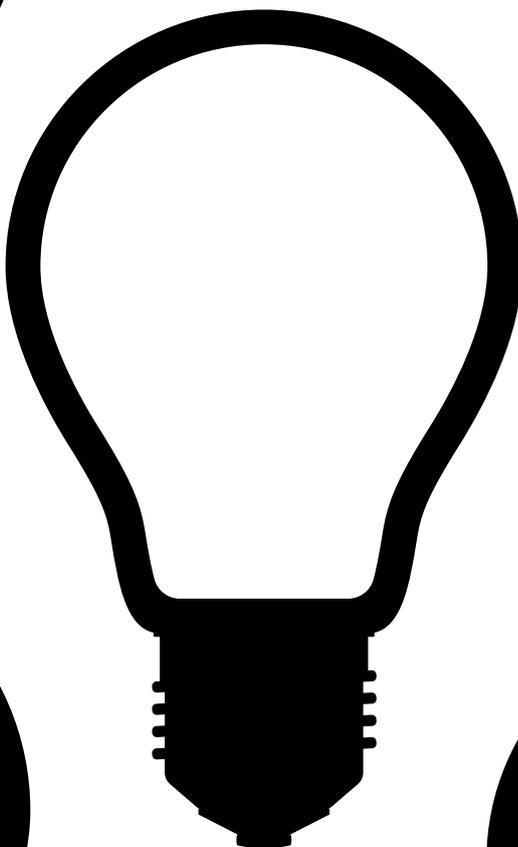
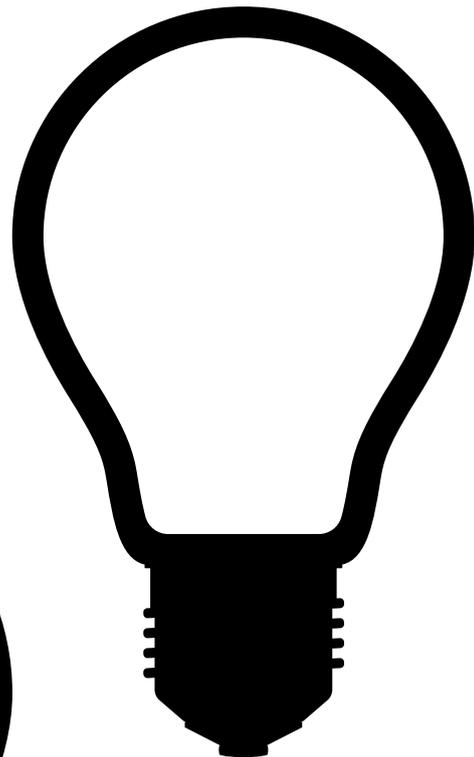
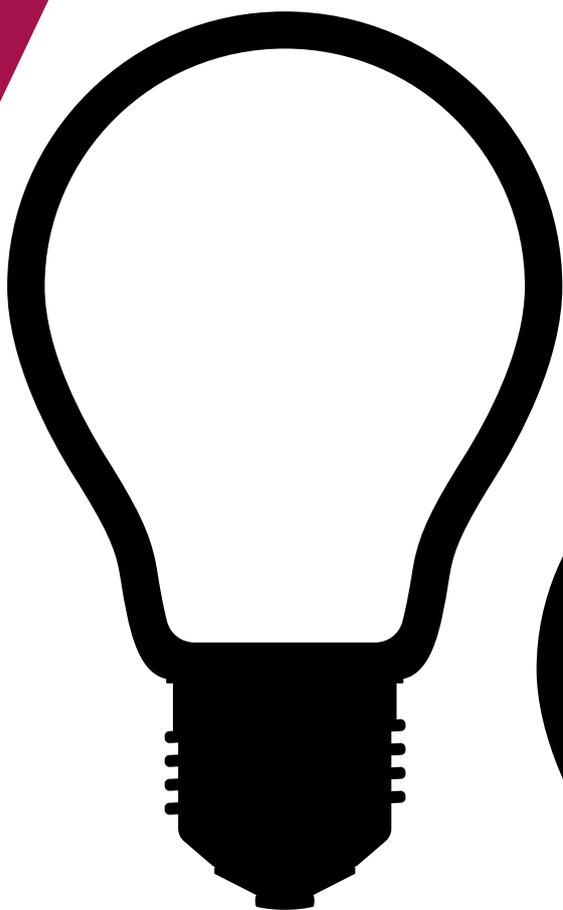
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# INSPIRATION



# OVERVIEW FOR TRAINING



MAIN TOPICS:


SUBTOPICS




**Pista Magica**  
Your mental knowledge

**SOSPED**







# THINGS TO REMEMBER OR TO COPY


# SUCCESS FACTORS





# HOW TO COPY...



**WHAT?** \_\_\_\_\_

**5 STEPS. HOW CAN I ACHIEVE SIMILAR RESULTS?**

1

2

3

4

5

NOTES:

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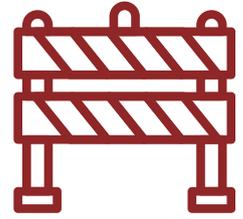
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# CHALLENGES I FORSEE



# THINGS I DISLIKED AND TRY TO AVOID








# 5 FINGER REFLECTION

4 - I AM TAKING  
WITH ME...



3 - I DIDN'T LIKE...



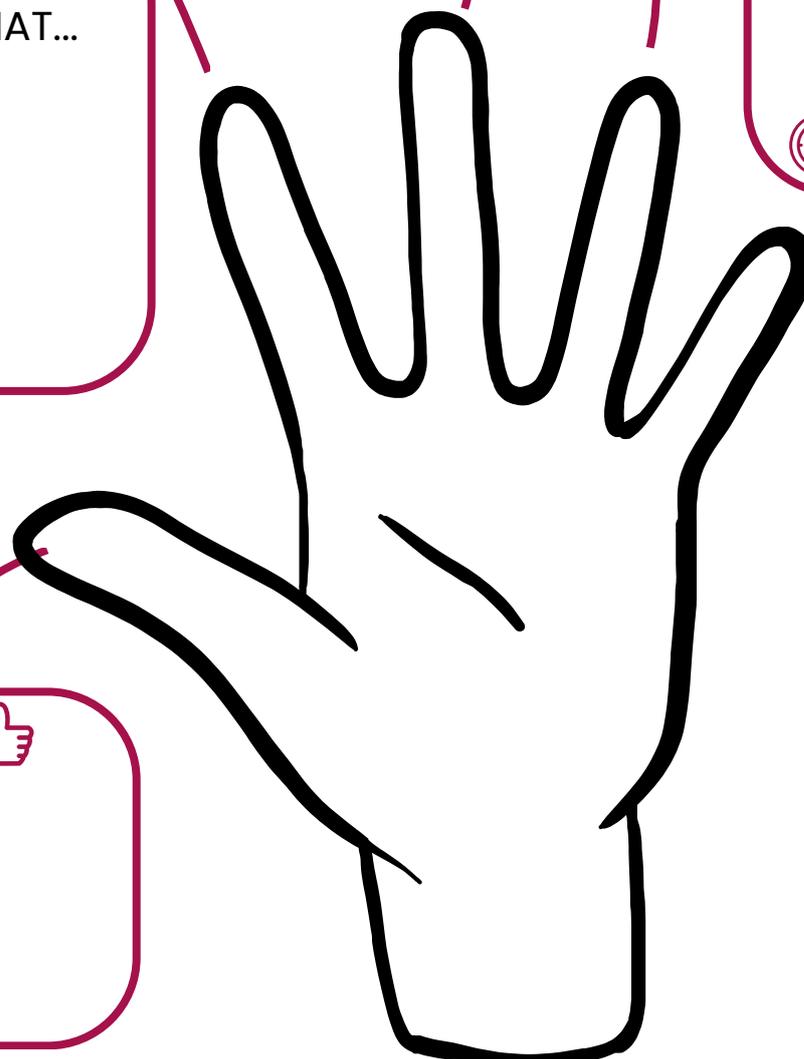
5 - THAT CAME  
UP SHORT...



2 - I WOULD LIKE TO  
POINT OUT THAT...



1 - I LIKED... 



FEARS TO  
OVERCOME:

THINGS I  
WANT:

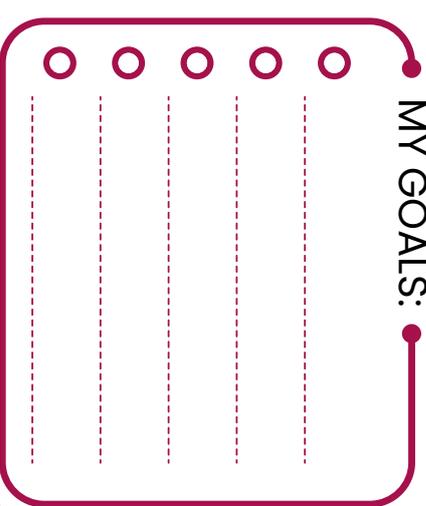
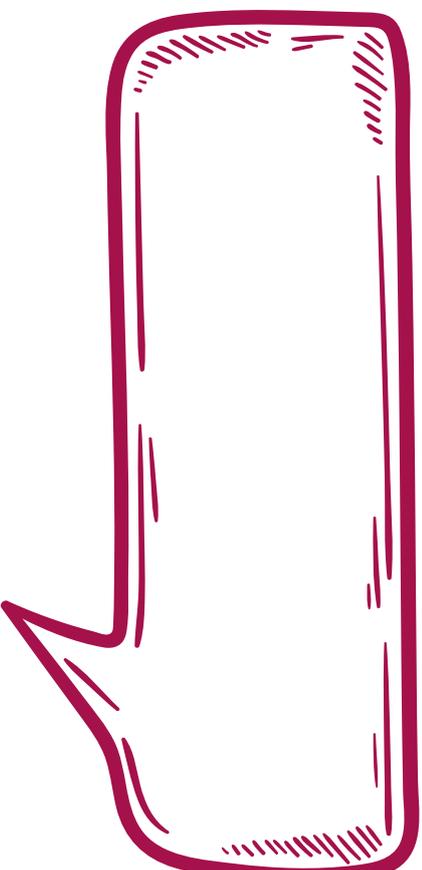
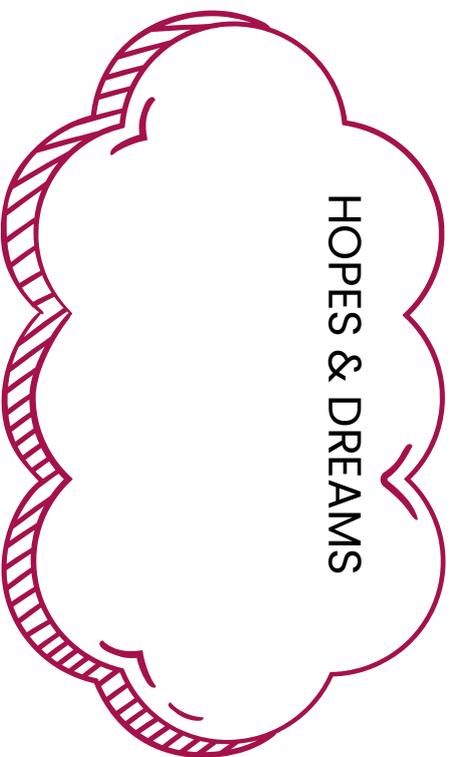
THE FUTURE ME  
SHOULD BE...

SKILLS TO  
DEVELOP:

# MY VISION BOARD

ONE INSPIRING QUOTE:

MY GOALS:





# CONTACTS

NAME: \_\_\_\_\_ 

CONTEXT: \_\_\_\_\_ 

TELEPHONE: \_\_\_\_\_ 

MOBILE: \_\_\_\_\_ 

E-MAIL: \_\_\_\_\_ 

NAME: \_\_\_\_\_ 

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CONTEXT: \_\_\_\_\_ 

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# NOTES

A large grid of small dots for taking notes, covering the majority of the page.